



Quiches

We offer a bacon cheddar quiche and a vegetable quiche with Swiss cheese baked every day.
Your choice of soup, a fruit cup or a small house salad with one of our scratch made dressings. 8.99

From the Garden

Our all natural chicken is free of growth hormones and steroids.

**Our lettuce is certified organic and locally grown.
All of our dressings are made in house from scratch!**



Apricots and Chicken



Fifteen years on our menus!
Fresh greens topped with all natural chicken breast, dried Turkish apricots, toasted almonds, sweet red onion, crumbled Feta cheese, tomatoes, seedless cucumbers and house made balsamic dressing 12.99

Our all natural chicken is free of growth hormones, antibiotics and steroids

Full City Café

Bakery and Bistro

2026 Parkview

345.9404

6am-8pm Monday-Friday

7am- 3pm Saturday-Sunday

Summer 2010



Indicates our signature items



We Accept MasterCard, Visa, American Express and Discover



Soups

Soup and Salad

Cup of today's Soup or Cowboy Stew and a small house salad. 7.49

Soup of the day

All of our soups are made from scratch and are always changing .

Ask your server about today's selection.

Big City Bowl 5.79 Cup 3.29

Cowboy Chicken Stew

Our perennial winter favorite served up hot and tad spicy.

Big City Bowl 6.29 Cup 3.79

Love our house made soups and dressings?
They are available for take home ask your server!

Strawberry Chicken Salad

Our perennial summer favorite! Chicken breast, fresh strawberries, candied pecans, crumbled Feta cheese, sweet red onions, seedless cucumbers, and our raspberry poppy seed vinaigrette on top of fresh greens. 13.59

Chicken Ranch Salad

Fresh greens topped with all natural chicken breast, Monterey Jack cheese, sweet red onions, tomatoes, cucumber slices, bacon crumbles and wedges of hard boiled eggs. Served with our Ranch dressing. 12.99

Traverse Bay Cherry Salad

Imported Chevre cheese warmed and drizzled over Italian prosciutto, black pepper toasted almonds, dried Michigan cherries, tomatoes, cucumbers, sweet red onions, and our cherry port vinaigrette dressing on fresh greens. 12.99

Chicken Nacho Salad

Warm Mexican chicken on top of greens with tortilla chips, tomato, sweet red onions topped with Cheddar cheese and guacamole and served with our own ranch dressing. 12.99

Chicken Caesar

Chilled chicken breast is topped with a green salad tossed in our own creamy garlic Caesar dressing adorned with croutons, fresh grated Parmesan cheese, sweet red onions, kalamata olives, and wedges of hard boiled eggs. 11.99

www.fullcitycafe.com

Sign up for Café Cash Rewards

Hot Lunch or Light Dinner Choices

T.L.C.O.A

Tomatoes, lettuce, Chevre cheese, sweet red onions and avocado on whole wheat bread. Whole 8.29 Half 7.29

Provincial Veggie Wrap

Flour tortilla stuffed with fresh greens, diced tomatoes, julienne carrots, walnuts, black olives, sweet red onions, Chevre cheese and basil pesto. Whole 8.29 Half 7.29

**Home of the Best Waitstaff in Kalamazoo!
Kalamazoo Gazette Reader's Choice Award 2009**

Chicken Burrito Supreme

Flour tortilla stuffed with Mexican chicken. We top this with ranchero sauce, Monterey jack and cheddar cheese, guacamole, sour cream, and red onions with a garnish of shredded lettuce 12.99

Tuna Salad Platter

Traditional tuna salad with cottage cheese, fresh strawberries and seasonal fruit salad. 8.99

Our all natural chicken is free of growth hormones, antibiotics and steroids

Served with your choice of: House Salad, or Potato Chips or Zesty Cole Slaw.
Substitute homemade soup or Gazpacho for your side only .99

Vegetarian Black Bean Cake

Our black bean cake is made in house and served open-faced Santa Fe style with our green chili relish, guacamole, jack cheese, lettuce, tomato and sweet red onions. 8.79

City Club

Roasted turkey, Italian prosciutto, Chevre cheese spread, leaf lettuce, sliced tomatoes, sweet red onion and basil mayonnaise on French bread. Whole 8.29 Half 7.29

Texas Pulled Pork



Tender, fork pulled pork smothered in a tangy sweet barbecue sauce on a cornmeal roll with sweet red onions and melted cheddar cheese. 8.99

Tuna Sandwich

Traditional tuna salad with lettuce, tomatoes and sliced sweet red onions on whole wheat. 7.99

Blue Cheese Chicken Wrap

Flour tortilla stuffed with all natural chicken breast, dried cherries, peppered almonds, our bleu cheese dressing. Fresh greens, cucumber, tomato and onions. Whole 8.79 Half 7.79

Smokehouse Turkey

French roll piled high with warm sliced turkey, crispy bacon, basil mayonnaise, lettuce, tomatoes, sweet red onions and topped with smoked gouda cheese. 8.99

Turkey and Provolone

Roasted turkey, Provolone cheese, lettuce, tomato, red onion, and basil mayonnaise on whole wheat bread. Whole 7.89 Half 6.89

Raspberry Chicken Wrap

Flour tortilla stuffed with chicken breast, candied pecans, provolone cheese, raspberry poppy seed dressing, fresh greens, cucumbers and onions. Whole 8.79 Half 7.79

**Sign up for Café Cash Rewards
Today!**



After a two and a half week road trip through ten states and umpteen restaurants, Keith and Lisa, you are the BEST! Thank you, thank you. And your well trained staff, also.

Hank and Trudi Girr
Kalamazoo



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